

Module 1

SETTING YOUR STUDENTS UP FOR SUCCESS

THE GREATEST GIFT AN EDUCATOR CAN GIVE A STUDENT IS AN EXPERIENCE OF LEARNING THAT IS EMPOWERING, ENGAGING AND EXCITING.

This gift is one that ignites a desire for continuous improvement. When we teach them the way 'they' learn, they learn fast, retain the information and have the confidence to use the new skills learnt.

As Educators, we do our job with less stress knowing we are using techniques that facilitate good learning. All learners are unique in the way they learn.

It is a real skill when you can cater for various learning styles in the room, and even better when you can empower learners to understand their own learning styles, so they know what they must do to make learning 'stick for them'.

You will learn how to teach students 'how to learn' - saving time and repeated explanation as learners start to take responsibility for their own learning, once they know how - and the trainer can then act more as a coach and mentor.

Module 2

ENGAGEMENT IS THE NAME OF THE GAME

WHEN WE USE BRAIN-FRIENDLY TRAINING TECHNIQUES - LEARNERS LEARN AND LEARNING 'STICKS'!

This set of videos is full of ideas on how to get your students in a resourceful Learning State. You might be ready to teach but are they ready to learn?

Here are a series of videos that explain the importance of designing great activities to engage the learners' minds and focus them on the learning.

If you do this, your job will be easy, as they will be both consciously and unconsciously focused on the learning you want them working on and absorbing.

Examples of these activities are described in full so they can be modelled and adjusted to fit your content brief.

Module 3

POWER UP THE LEARNING

IS THERE A RISK THAT YOUR SONG AND DANCE ROUTINE COULD LOSE ITS MAGIC?

"Get 'em early. Get 'em interested"

There is nothing worse than being asked to train some dry, compulsory theory topic that they have all heard before and all know the answers to, because they have all *'done this one before'*.

Their body language says it all – *'not again! I dare you to get me interested. What time is lunch?'*

In this set of videos, we will look at the principles of how to achieve Early Engagement with some good 'Framing up' activities, and how to build in the WIIFM (What's in it for THEM) sales principle into your training. 'How to Hook 'em, and get 'em open to learning!'

They are full of ideas to excite and engage your students, no matter what content you are teaching.

You will experience PROCESSES that are simple, refreshing, practical and totally relevant to the challenges of teaching today.

Like all the other videos, these are focused on giving you practical ideas to use in your training right from *before* they arrive to *after* they leave.

Student engagement is so rewarding and makes your training so much easier for both yourself and the learner. These fun and practical ideas will add excitement and success to your training.

Module 4

HAVE FUN AND LET THE LEARNING HAPPEN

ARE YOU TIRED OF COMPETING WITH SMS MESSAGES TO GET AND KEEP YOUR STUDENT'S ATTENTION?

This highly practical set of videos will rekindle both your passion for teaching and your student's desire to learn. Recapture your enthusiasm with techniques which will ensure your delivery is motivating, attention-grabbing and enjoyable - both for you and your students.

We all learn in different ways and these series of videos' will ensure that your delivery reaches the widest audience possible.

It will give you many skills, tips and strategies to get your subject matter across - be 100% effective and have fun doing it! Refresh and upgrade your skills and excite your students to learn ... and to keep on learning.

It will stimulate and challenge your thinking about training and provide you with proven techniques that guarantee learning. If you're keen to sharpen your skills; to deliver more effective training; to be operating at the leading edge, then these are the videos you've been looking for!

Module 5

MANAGING THE TRAINING ENVIRONMENT

GOOD LEADERSHIP ALSO REQUIRES GOOD MANAGEMENT SKILLS.

Here are some video ideas to establish Leadership in the training environment.

You will learn how to make 'time' your friend; manage difficult people and work the room to achieve positive learning.

These videos include ideas to centre yourself and quickly put you in a clear frame of mind throughout the day.

You will be using proven, practical ways to manage and lead the learning environment.

Module 1

Understanding Different Learners

UNLOCKING THE BRAIN'S POTENTIAL -

"Teaching and Learning with the Brain in Mind" Igniting the passion to learn is a skill. It's a gift that every facilitator and educator wishes for their students.

Children intuitively love to learn and explore. Yet sometimes this passion gets lost or extinguished within the formal learning environment. When we start to understand and use the principles of Brain Friendly Training delivery, we can give our students the joys of successful learning.

VISUAL OVERVIEW - A PICTURE PAINTS A THOUSAND WORDS + ONLINE APPLICATION

What are we going to do? Tell them first in a different way! Give them the BIG picture. To truly engage Learners from the start you need to give them the big picture and overview. This video gives you a Brain friendly alternative way of doing this as opposed to the usual PowerPoint slide with the typed-up bullet point Expectations and Learning Outcomes. It is a powerful explanation of the journey these videos are going to take you on.

USING & UNDERSTANDING PERCEPTUAL STRENGTHS + ONLINE APPLICATION

Identify and use all our ways of learning! Learning from a position of strength. This video explores the four Perceptual Styles of Visual, Auditory, Kinaesthetic and Tactile Learners and advocates that we aim to identify our main system when learning, and lead with this one but to really extend and entrench learning we need to use **all four**. As educators we need to use **all four in our delivery**. This video helps to explain these perceptual styles so you can, in turn, explain them to your students.

BEYOND BRAINSTORMING + ONLINE APPLICATION

Get all in your group to share their ideas - not just the confident ones! Brain Storming is only one way to get groups to think and share ideas. Very often it is nowhere near as good as we think it is. This Video introduces you to a technique called the 'Noisy Round Robin'. It captures the thoughts of everyone in the room not just the confident, vocal few. Ways to get all perceptual styles engaged (VAKT) is the topic of this video, and we offer 82 ideas in 8 minutes of work.



JEDI MEMORY CHALLENGE + ONLINE APPLICATION

Yes, you can remember a list of random words! Pushing the “Grey Matter”. If you are prepared to actively participate in the fun offered by this video you will blow your mind with the amount of information you can recall. Be aware - you may need to close the door. This video demonstrates the power of using all four Perceptual Styles together (VAKT)

FIRING UP THE SENSES

The senses are our allies! To Maximise the potential of the brain to take in, store and recall information, the use of all our senses is so important. For this reason, we aim at firing up all the senses in our delivery and video gives you some ideas on how to do this.

A WHOLE BRAIN APPROACH + ONLINE APPLICATION

Why our brain may influence our learning! While we no longer talk about Left and Right Brain dominant learners because of recent studies in Brain plasticity, this video module looks at Left and Right Brain *tendencies*. It is still very useful to look at Left and Right brain thinking and tendencies as this has real implications for educators in the training environment. This video will help educators explain to their students some of the experiences they may have had in their schooling, and indeed may very well be a liberation for them in their thinking about their own potential as learners.

IDEAS FOR WHOLE BRAIN DELIVERY

Train the brain friendly way, and both hemispheres will love it! From the advances in Neuroscience we now know a lot more about the Brain and howl happens and ways we can facilitate this. Here are some ideas to achieve a whole brain approach.

FLIPPED CLASSROOM + ONLINE APPLICATION

Set the Brain up First - then teach! Flipped classrooms are a fantastic teaching innovation to set the brain up **first** for the understanding of theory and **before** practical classes. They are simple and easy for both your to produce and your students to learn, using the resources today’s technology offers. In this video Laurie explains what they are and how to develop them with your own content.

EMOTIVE QUESTIONS

Questions to move students forward! Everyone one of us can get to a stage when we feel like giving up. Here are some questions to have at your fingertips that might you students. Questions that can help them see the forest from the trees, the bigger picture of possibilities.



HOW TO STUDY + ONLINE APPLICATION

Can your students study? Many students must still study for, and then sit, examinations. Yet very few students have been taught **how** to study using their unique learning approach. This video introduces you to six practical approaches that you might use yourself, or share with your students.

Module 2

Engagement is the Name of the Game

ARE YOUR LEARNERS IN A STATE READY TO LEARN? + ONLINE APPLICATION

You can help all your participants to learn successfully! The greatest gift an educator can give a Learner is the power to unlock their Learning potential. This video outlines the 'Five Principles of Brain Friendly Learning' you will incorporate in your delivery, which will empower learners to reignite their passion to learn. It outlines the principles behind this series of videos on Brain Friendly Training.

FIRE UP THEIR CURIOSITY + ONLINE APPLICATION

Are your students ready to learn? This first video clip on Early Engagement explains how important it is to get students mentally present and ready to learn. It talks about the five key states to assist the brain to learn. The first few minutes of any workshop is essential to set the scene; in particular you want them to realise that this Training will be different and exciting *right from the start*. You will have then achieved Mental engagement.

KEEP THE INTEREST RAGING + ONLINE APPLICATION

Get 'em early and get 'em quick! This second video on Early Engagement builds on part 1 and goes through several ideas which, when used in the first 5-6 minutes of a lesson, grabs the learners' interest and curiosity so they become mentally in the room and ready to learn **instantly**.

KEEPING IT REAL PART 1 + ONLINE APPLICATION

Make your training 'Real, Relevant and Useful!' This is what people are hungering for from training and education. This Principle of Brain Friendly Training is vital for learner engagement and transfer of learned information back into the workplace. It does have to be planned for and implemented. There are three modules that suggest things you might need to do in the Design phase **before** the event, **during** the event and **after** the event to achieve this. In this first module we will look at practical things you can do before the workshop to ensure successful transfer of new skills into the workplace.

KEEPING IT REAL PART 2 + ONLINE APPLICATION

'Do it' to make your training 'Real, Relevant and Useful!' Model your training on good Driver Education. Training can't just be a talk fest, it must be experienced. Be clear that your students need to experience and understand, not just 'know', the theory for real and sustainable learning to occur.



KEEPING IT REAL PART 3 + ONLINE APPLICATION

Real Time transfer to make your training 'Real, Relevant and Useful'. The training has finished but the real learning is about to start. This module is about how you can set up support for the learner after the event. It is full of ideas that reinforce the learning and assist the learner to cement the information that they have learnt in the formal training environment, and transfer this back into their workplace.

EMPOWER YOUR STORIES & METAPHORS + ONLINE APPLICATION

Help your students 'get' new info! By telling a story or using a metaphor it will become more alive and impactful, if it is built around a Universal experience that your students can relate to easily. Again, in Brain science and adult Learning Principles, if we can link our teaching to previous learning or experiences it facilitates a quicker understanding of concepts and more powerful retention. The use of Universals in our delivery is the wire that makes linked connections.

CONSCIOUS CONVINCERS + ONLINE APPLICATION

Experience and feel the concepts! This is one of the most powerful teaching tools we have. Conscious Convincers (a) involve the student actually experiencing concepts within their own bodies first, (b) having a WOW experience and then, (c) being hungry and receptive to the theory. Be prepared to experience this yourself during this video, and have fun doing it.

Module 3

Power up the Learning

UNTAPPING THE BRAIN'S POTENTIAL

You can help all your participants learn successfully! The greatest gift an educator can give a learner is the power to unlock their learning potential. This video outlines the five Principles of Brain Friendly Learning you will incorporate in your delivery, which will empower learners to reignite their passion to learn. This video outlines the principles behind this series of videos on Brain Friendly Training.

INFLUENCING STATE WITH AUDITORY ACTIVITIES + ONLINE APPLICATION

Can your learner hear you? Influencing great learning States using activities with an Auditory Bias. This is the first of four videos on how to influence the Learner's State and looks specifically at activities that can be run focusing on Auditory learners.

All training needs to address all perceptual styles, which will be expanded on in subsequent videos.

INFLUENCING STATE WITH VISUAL ACTIVITIES + ONLINE APPLICATION

A picture paints a thousand words. This video highlights the importance of catering to the Visual needs of learners and gives six very practical ways to assist the Learners with a Visual bias.

INFLUENCING STATE WITH KINEASTHETIC ACTIVITIES + ONLINE APPLICATION

Get 'em up and get 'em moving.! This is the key to engaging Learners with a Kineasthetic bias. This video gives various way to get K's into a resourceful learning state with actions and words. You will also be introduced to the activity of the 'Spinning Wheel'. A great interactive sharing activity.

INFLUENCING STATE WITH TACTILE ACTIVITIES + ONLINE APPLICATION

Tactile learners need to fiddle or manipulate items with their hands while their brains are busy. It is very helpful for these learners if you can provide objects for them to touch and handle. This video will give you some practical ideas of how others have done this with their Tactile students.



OUR WORDS ARE POWERFUL IN ACHIEVING SUCCESS

USE LANGUAGE TO INFLUENCE + ONLINE APPLICATION

Language to persuade! Using language to covertly get things done. These are words and phrases that we can use to get things done moving someone from a 'passive' to an 'active' State.

OLD THINKING CAN PROPERL US FORWARD OR HOLD US BACK

FOCUING ON THE SUBCONSCIOUS + ONLINE APPLICATION

Language that assumes success! Here is another great Linguistic skill that can subconsciously build the learner's confidence. Training is successful if it leads to action, and embedded commands are a great way to assist this transfer.

Module 4

Have Fun & Let the Learning Happen

EXPECT THE UNEXPECTED + ONLINE APPLICATION

Make your training fun and interesting! The Brain is naturally curious and loves fun. This video is full of ideas to stimulate the Brain's good adrenaline (noradrenaline) so your students are alert and having fun whilst not quite knowing what is coming next. You will have fun yourself, watching learners loving being in your training lesson and them telling others how good it was.

MASKING TAPE - A GREAT TRAINING TOOL + ONLINE APPLICATION

Use this technique to find out 'Whose Who in the Zoo'. Here is a simple tool that quickly allows the Educator to understand who is in their group. You can ask any question, and get an immediate result visually, for yourself and also for all the participants. Maybe you want to know what experience they each have; or to help them to articulate what they would like from the training. You ask the question, and they commit to the answer kineasthetically.

PRIOR KNOWLEDGE + ONLINE ONLINE APPLICATION

What do they know already? The Principles of Adult Learning say that you need to build on existing knowledge. That's fine, but how do you know what they know already? This video suggest some simple, engaging activities so the Educator can quickly gauge the room and have an understanding of what the students are thinking and where you need to take them.

USING PLAYING CARDS + ONLINE APPLICATION

Simple ways to involve all your students! A simple pack of playing cards with huge potential as an engagement tool. As simple as these are they have great uses in the training room to engage and motivate your students. This video is full of practical ideas of how you might use Playing cards to generate fun and involvement. Their brains will love you for it.

DOING VS CONSUMING + ONLINE APPLICATION

It can't be a talk fest. This is a very important principle in Brain Friendly Training when we aim to help learners form patterns in their brain which they can call upon when they need to recall information. The aim of the training game should be to continually place the ball in the learner's court. This video also suggests ideas on how we can get the learners using their smart phones as teaching tools.



REVISIONS PART 1 + ONLINE APPLICATION

How to revise - easy methods to use! There is a secret in how to revise and build retention for your students. This video explains the revision timetable that embeds learning in the brain. It also has six practical ways to make revision fun and enjoyable for your group and they will not even know they are revising!

REVISIONS PART 2 + ONLINE APPLICATION

Let's look back and Revise the Revision. In this module we will revise the ideas shared in Revision Part 1 and explain **three more** very useful activities to engage the Learners in revision. Once again, they will have no idea that this is what they are doing.

RICH AND MULTI-SENSORY + ONLINE APPLICATION

There is more than one way to 'skin a cat'! Mono-sensory makes no sense. If we train using a multi-sensory approach we assist students to store information in a multitude of sensory cortexes, so they have a wide range of areas of the brain to call on when they have to retrieve that information. Be prepared to experience an example of this multi-sensory approach in this video.

CAUTION WHEN USING POWERPOINT + ONLINE APPLICATION

Risks with overuse of PowerPoint. This video alerts you to these dangers and gives you ideas of how you can make your PowerPoints work for the Learner to enhance the Learning.

Module 5

Making the Environment Work for YOU

MANAGING THE ROOM + ONLINE APPLICATION

Who's in charge in your training room? The training room atmosphere can help to make, or break, a presentation. Don't be a victim of somebody else's limited imagination. Here are heaps of suggestions to make even the most challenging training environment come alive for both your learners' brains, and for your ownership and confidence.

MANAGING TIME + ONLINE APPLICATION

Are you staying on time? Time is precious in today's training world. We are being asked to put more and more information into a shrinking amount of time. This video is full of practical ideas to get your class started on time, back from breaks on time, and keeping yourself honest with your own use of time.

MANAGING NERVES + ONLINE APPLICATION

"How could you be nervous after all the experience you have had?" This video explores what happens in our Brains when we are anxious or stressed. It suggests activities you can do as educators to calm your own nerves, and also how you might assist your own students.

BUILDING INNER STRENGTH + ONLINE APPLICATION

Do you own your space 'up front' when delivering? Powerful Presentations are about techniques as much as content. Public speaking is one of the biggest fears most adults can experience, yet in reality your audience wants us to do well, to engage them, and to offer relevant information. We might have awesome content and ideas, but this can be lost if we are nervous and lose the moment with poor delivery. This video covers several simple techniques to maintain positive self-talk; powerful body posture and positioning; control of nerves, and ideas to give you a 'presence amongst your peers'.

MINIMIZE LEARNERS ANXIETY P1 + ONLINE APPLICATION

How to understand and keep stress at bay! This video explains the chemical reactions happening in the brain when we are stressed. By helping students to access and utilise their Clear-Thinking Pre-frontal cortex, we help make it easier for them to learn. It also explains why it is essential in our design phase to look at ways to lower anxiety levels to help facilitate our participant's potential to learn quickly and confidently.



MINIMIZE LEARNERS ANXIETY P2 + ONLINE APPLICATION

Helping students utilise their Clear-Thinking Pre-frontal Part 2. This video builds on the earlier Part 1. and the video on 'Managing Nerves'. It is full of practical things you can do as an educator to lower the Anxiety levels for your students, so that they can engage their clear thinking brains and learn more successfully, saving you time and repeated instructions.

MANAGING GROUPS INTERVIEW + ONLINE APPLICATION

Changing Groups to share the love! One of the most challenging things we fear as trainers is to ask students to change groups, yet it is one of the most powerful ways to encourage networking, good independent thinking and maintain energy in the room. This video not only explains why changing groups is important, but gives you seven practical, different and fun ways to do it, which will immediately get your students on board and having fun while they change groups.

DIFFICULT LEARNERS P1 + ONLINE APPLICATION

How to deal with 'difficult' participants. Maintaining your own balance is the key. Very often we allow the difficult behaviour of others to throw our energy and focus. This is the very time to have confidence that we know our information, have done the necessary preparation and only need to keep our thinking clear. This video talks about keeping ourselves focused and how to address what may be seen as challenging behaviour.

DIFFICULT LEARNERS P2 + ONLINE APPLICATION

Don't become the victim of negative energy vampires. All too often trainers agonise over the difficult learner and allow their own energy to be dissipated as a result. Here are some ideas to help understand why people's behaviour can appear to be difficult in a training environment, and what you might be able to do to turn their energy around.

FEEDBACK WITHOUT FEAR + ONLINE APPLICATION

You need to give feedback! Feedback should never be about being right or wrong. Good feedback is about a generosity of spirit in assisting someone move forward. It must always be based on clearly established expectations, not subjective observations that are never explained. This video clip is an excellent start for anyone wanting to develop great feedback skills.